

## Psalm 30

New King James Version (NKJV)

## Psalm 30

A Psalm. A Song at the dedication of the house of David.

1 I will extol You, O LORD, for You have lifted me up, And have not let my foes rejoice over me.

2 O LORD my God, I cried out to You, And You healed me.

3 O LORD, You brought my soul up from the grave;  
You have kept me alive, that I should not go down to  
the pit.

4 Sing praise to the LORD, you saints of His,  
And give thanks at the remembrance of His holy name.

5 For His anger is but for a moment,  
His favor is for life;

Weeping may endure for a night, But joy comes in the morning.

6 Now in my prosperity I said, “I shall never be moved.”

7 LORD, by Your favor You have made my mountain stand strong;

You hid Your face, and I was troubled.

8 I cried out to You, O LORD;  
And to the LORD I made supplication:

9 “What profit is there in my blood,

When I go down to the pit? Will the dust praise You? Will it declare Your truth?

10 Hear, O LORD, and have mercy on me;  
LORD, be my helper!”

11 You have turned for me my mourning into dancing; You have put off my sackcloth and clothed me with

gladness,

12 To the end that my glory may sing praise to

You and

not be silent.

O LORD my God, I will give thanks to You  
forever.